

# SETTING THE STAGE FOR CHANGE

Now premiering on stage—quite literally—is the first major piece of the renovation project, the new **Fitness Center**! Unveiled, quite dramatically behind the maroon curtain at the annual Scholarship Breakfast and Mass on the Feast of St. Joseph last March, the Fitness Center is located on the stage in the Gym. SJP scholars are now exercising on brand new, state-of-the-art cardio- and strength-training equipment, utilizing this exciting space to improve their health and to develop their strength and stamina. When flooding from the science lab above severely damage the old fitness center (on the first floor of the academic building), the School—as it always does—saw not challenge but opportunity. Thanks in part to the generosity of the Catholic Health Foundation, the stage formerly used by Mounties for theatrical performances is now a place where young women and men improve their athletic performance. What a journey! Its high ceiling, excellent lighting and ventilation, proximity to the locker rooms, and elevator access—so that all persons can take full advantage of the equipment—are the Fitness Center's defining features. This amazing space affirms the CSJ commitment to educating the whole person—in body, mind, and soul!

